



First, watch  
this week's  
video!



Have fun learning and playing  
with your preschooler!

## Activity

### Five Rocks

#### What You Need:

Towel and five cotton balls (or crumbled paper)

#### What You Do:

Lay the towel flat on the floor. Scatter the cotton balls in the room.

Say, "Today, we learned about when David battled Goliath! What did David collect to use in his sling? (*Pause.*) Rocks! David collected five rocks.

"Look around the room. Do you see all the cotton balls? Let's pretend those cotton balls are rocks. When I say, 'Go,' I want you to run and pick up five rocks and put them on the towel. Ready? Go! (*Pause while your child gathers five "rocks."*) Great job! Pick up the towel and shake. (*Pick up one end of the towel while your child picks up the other end.*) Let's launch these rocks! (*Pause.*) Wow! Let's collect five more rocks and do it again! (*Repeat as desired.*) Launching the rocks was so much fun!"

When you are finished say, "David knew that God was always with him, and that helped him be brave. David didn't need armor, just five smooth rocks and his sling. One rock was all it took to knock Goliath down. God helped David be brave, and God can help us be brave too. Who can help you be brave? God can help me be brave!"



### Bible Story

David and Goliath  
(1 Samuel 17:1-50)

### Remember This

"Be strong and courageous.  
Do not be afraid . . . for the Lord  
your God goes with you."  
Deuteronomy 31:6, NIV

### Say This

Who can help you  
be brave?  
God can help me  
be brave.

## Prayer

"Dear God, You made David so brave! He was able to beat Goliath with just a rock and a sling. You can make us brave too. Thank You! We love You. Amen."